

TRY KAYAKING

WHAT TO BRING:

- Wet shoes (aqua socks, neoprene booties, old tennis shoes, or river sandals. No flip flops!
- Clothing that can get wet.
- Towel
- Sunscreen
- Hat or visor
- Sunglasses with secure, floating retainer strap
- Water bottle
- Small snack that you can bring with you on the water (granola bar, trail mix, etc.)
- Extra clothing for warmth on the water (wind breaker, paddle jacket, or light fleece)
- Personal health and skills survey (filled out completely)
- Liability waiver form (filled out and signed)

All clothing that will be worn on the water should be synthetic and quick drying (nylon, polyester, polypropylene, capilene, etc.) **NO COTTON!!**

If you have any questions regarding the list of things to bring, please call Sherri at 262-895-2008, or send an e-mail to sherrikayaks@wi.rr.com.